A booster dose will give you greater immunity against COVID-19, including Omicron.



You can get a free booster if it has been at least 3 months since you completed your primary course.



If you have tested positive for COVID-19 wait at least 3 months after you have recovered to get your booster.





Boosters

Get your vaccine booster

COVID - 19

Coronavirus

Injection on

Unite

against

COVID-19

Vaccine

Current evidence shows your protection against infection after 2 doses slowly decreases over time. A booster dose will give you greater immunity against COVID-19, including Omicron.

A booster also helps reduce the chance of more serious infection, and it will be less likely that you need hospitalisation.

You can get a free booster now if:

- you are aged 18 or over, and
- you are fully vaccinated, and
- it has been at least 3 months since you completed your primary course (for most people, this is 2 doses).

If you have already booked your booster dose with a 4 month gap, you can keep your original appointment, or change it.

If you are aged 16 or 17 you can get a free Pfizer booster now if:

- you are fully vaccinated, and
- it has been at least 6 months since you completed your primary course (for most people, this is 2 doses).

How to get your booster:

- Visit a walk-in vaccination centre: Find a vaccination centre
- Book over the phone: 0800 28 29 26 (8am to

8pm, 7 days a week).

- Book online through Book My Vaccine.
- When you arrive for your booster, the date of your last vaccination will be checked in the COVID Immunisation Register (CIR).

If you are pregnant:

If you are aged 16 years or older, it is recommended you receive a booster of the Pfizer vaccine to help protect you and your baby against the effects of COVID-19.

The booster can be given at any stage of pregnancy. If you are 18 or over, you can get it at least 3 months after your primary course (for most people, this is 2 doses). If you are 16 or 17, you can get it after 6 months.

You should discuss the timing of a booster with your midwife, obstetrician or general practitioner.

If you have tested positive for COVID-19:

If you have tested positive for COVID-19 but you still need a booster dose, we recommend you wait at least 3 months after you have recovered to get your booster. Waiting 3 months provides an increased immune response and better protection if you become re-infected with COVID-19.

The best timing for the booster dose may be different for everyone. We recommend you speak to your doctor or Heathline on 0800 358 5453 for advice before you get your booster.

If you are immunocompromised:

The booster is different to the third primary dose recommended for people who are immunocompromised. People 18 or over who are eligible for a third primary dose, can access a booster dose 3 months after receiving their third primary dose. If you are 16 or 17, you need to wait 6 months until you can get your booster dose.

Which vaccine you will be given:

The Pfizer vaccine is the main vaccine being used in New Zealand for boosters, even if you had a different vaccine for your earlier doses. If you are 16 or 17, you can only get the Pfizer booster.

An AstraZeneca booster is now available 3 months after the second dose for those aged 18 or over, but you will need a prescription. You can get a prescription before your appointment with your preferred doctor, or from a vaccinating AstraZeneca clinic — however not all clinics will be able to provide a prescription. It is free to visit the doctor for an AstraZeneca booster prescription.

When boosters are mandatory:

The Vaccination Order makes it mandatory for workers in critical workforces to also receive a booster dose.

The timeframes for workers to get a booster still remains the same.